



il primo network italiano  
**dedicato alla fertilità**

## **IL RISCHIO ONCOGENO DELLA PMA**

**Andrea Borini**

# Outlines

- Infertility: a marker of future cancer risk in women?
- Fertility drugs and cancer:
  - IVF treatment and ovarian cancer / BOT
  - IVF treatment and other gynaecological cancers
  - IVF treatment and other cancer



# Infertility: a marker of future health risk in women?

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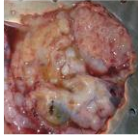


A recent meta-analysis of 18 studies including 2,813,481 participants demonstrated a pooled relative risk of all-cause mortality of 1.19 (95% confidence interval [CI] 1.03–1.38) among nulliparous women compared to those with 1 or more live births.

(Zeng et al., Sci Rep 2016)

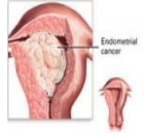
Abnormal estrogen and progesterone profiles have been implicated in hormone sensitive cancers including breast, ovarian, and endometrial cancer; thus, it is likely that altered profiles observed amongst nulliparous women may be implicated in cancer-related mortality.

## FATTORI DI RISCHIO TUMORI GINECOLOGICI



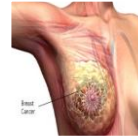
### Carcinoma Ovarico

- Età
- Familiarità
- Fattori genetici
- **Nulliparità**
- Menarca precoce
- Menopausa tardiva



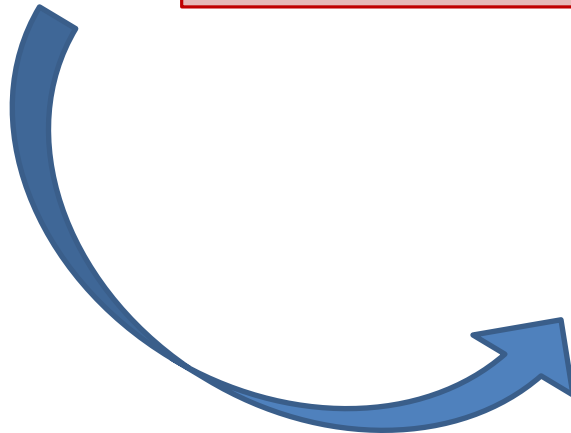
### Carcinoma Endometria

- Familiarità
- Menarca precoce
- Menopausa tardiva
- **Nulliparità**
- **Anovularità**
- obesità
- Diabete
- Ipertensione
- Terapia estrogenica
- Terapia con tamoxifene



### Carcinoma della mammella

- Età
- Familiarità
- Menarca precoce
- Menopausa tardiva
- **Nulliparità**



**PAZIENTE  
AFFETTA DA  
INFERTILITA'**

# Fertility drugs and cancer: a guideline

Practice Committee of the American Society for Reproductive Medicine

American Society for Reproductive Medicine, Birmingham, Alabama



A systematic review of the literature: **113 studies**

## SUMMARY

- The data assessing the association between fertility drugs and cancer are limited and principally come from observational studies (Level 2-2 or lower).
- Methodological issues include small sample sizes, heterogeneous treatment regimens, inadequate information about duration and dose of treatment, retrospective analyses, and short follow-up periods.
- Overall, there is fair evidence that women with infertility have an increased risk of breast, ovarian, and endometrial cancer. (Grade B)

## Study limitations



- use of a non-ideal fertile control population;
- few observations of cancers in the groups studied;
- use of imprecise outcomes such as combining benign and malignant ovarian neoplasms;
- inability to identify the specific medications that were administered or the duration of their use;
- no information regarding dose response;
- no controlling for confounding variables;
- usage and indications for fertility medications have changed since the first associations were reported.

**Difficult  
interpretation  
of the data**



# OVARIAN CANCER

Ovarian cancer is rare and accounts for about 3% of all cancers in women, with approximately 20,000 cases diagnosed annually in the United States.

Parity is inversely related to the risk of ovarian cancer (odds ratio [OR] 0.65, 95% confidence interval [CI] 0.48–0.88).

- Infertility as factor risk of ovarian cancer

The “incessant ovulation” theory suggests that prolonged and uninterrupted years of ovulation increase cancer risk.

- Fertility drugs, which often lead to multiple ovulatory sites within the ovary during a single cycle, are thus hypothesized to increase the risk of ovarian cancer





## EVIDENCE FROM IN VITRO STUDIES

In vitro studies have demonstrated that approximately half of all ovarian epithelial tumors express gonadotropin receptors.

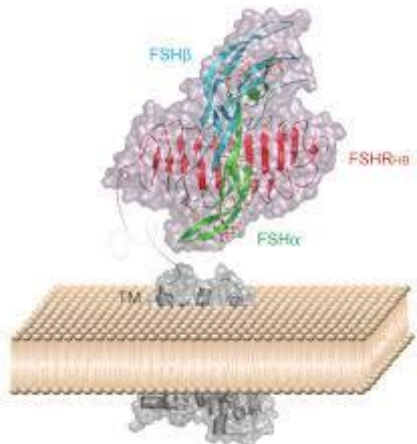
(Mandai M et al., Mol Cell Endocrinol 2007)

FSH, LH, and estradiol stimulate ovarian epithelial cell proliferation and inhibit apoptosis in ovarian epithelial cancer cell lines.

(Stewart SL et al., J Cell Physiol 2004)

Clomiphene citrate potentiates the antiproliferative effect of some chemotherapeutic agents in estrogen receptor–negative ovarian cancer cell lines.

(Kikuchi Y et al., Gynecol Oncol 1993)





## In vitro fertilization and risk of breast and gynecologic cancers: a retrospective cohort study within the Israeli Maccabi Healthcare Services

Retrospective cohort study

87,403 women treated for infertility

Age 18-45 yrs

Hazard ratios (HRs) for specific cancers

Louise A. Brinton, Ph.D.,<sup>a</sup> Britton Trabert, Ph.D.,<sup>a</sup> Varda Shalev, M.D.,<sup>b,c</sup> Eitan Lunenfeld, M.D., M.H.A.,<sup>d</sup> Tal Sella, M.D.,<sup>b,d</sup> and Gabriel Chodick, Ph.D.<sup>b,d</sup>

### Adjusted hazard ratios for breast and gynecologic cancers associated with fertility treatments.

|                         | Cases,<br>n | Person-<br>years | HR <sup>a</sup> | 95% CI      |
|-------------------------|-------------|------------------|-----------------|-------------|
| Ovarian                 |             |                  |                 |             |
| No fertility treatment  | 11          | 137,074          | 1.00            | reference   |
| Any fertility treatment | 34          | 564,275          | 0.90            | (0.45–1.79) |
| IVF                     | 21          | 186,918          | 1.58            | (0.75–3.29) |
| 1–3 cycles              | 10          | 105,736          | 1.40            | (0.59–3.32) |
| ≥4 cycles               | 11          | 81,182           | 1.78            | (0.76–4.13) |
| GnRH analogues          | 11          | 173,641          | 0.93            | (0.40–2.16) |
| Clomiphene              | 20          | 425,227          | 0.75            | (0.36–1.58) |
| Progestogen             | 23          | 449,283          | 0.77            | (0.37–1.60) |

## Use of fertility drugs and risk of ovarian cancer: Danish population based cohort study

Allan Jensen, assistant professor of cancer epidemiology,<sup>1</sup> Heidi Sharif, specialist in obstetrics and gynaecology,<sup>1</sup> Kirsten Frederiksen, associate professor of medical statistics,<sup>1</sup> Susanne Krüger Kjær, professor of cancer epidemiology<sup>1,2</sup>

Population based cohort study.

54 362 women with infertility problems  
Effect of four groups of fertility drugs on overall risk of ovarian cancer

Median follow-up of 16 years

| Variables                     | Adjusted rate ratio (95% CI) |                     |                     |                     |
|-------------------------------|------------------------------|---------------------|---------------------|---------------------|
|                               | Gonadotrophins*              | Clomifene citrate   | hCG                 | GnRH                |
| Use:                          |                              |                     |                     |                     |
| Never                         | 1.00                         | 1.00                | 1.00                | 1.00                |
| Ever                          | 0.83 (0.50 to 1.37)          | 1.14 (0.79 to 1.64) | 0.89 (0.62 to 1.29) | 0.80 (0.42 to 1.51) |
| No of cycles:                 |                              |                     |                     |                     |
| 1-4                           | 0.74 (0.41 to 1.33)          | 1.27 (0.83 to 1.94) | 0.96 (0.62 to 1.48) | 0.81 (0.42 to 1.56) |
| 5-9                           | 1.09 (0.49 to 2.44)          | 1.03 (0.57 to 1.86) | 0.86 (0.47 to 1.57) | 0.68 (0.09 to 5.38) |
| ≥10                           | 0.96 (0.09 to 10.30)         | 0.92 (0.42 to 2.02) | 0.70 (0.28 to 1.80) | —                   |
| Time since first use (years): |                              |                     |                     |                     |
| <5                            | 0.67 (0.29 to 1.54)          | 0.80 (0.32 to 1.99) | 0.78 (0.35 to 1.75) | 0.72 (0.28 to 1.89) |
| 5-9                           | 1.12 (0.58 to 2.21)          | 1.48 (0.80 to 2.73) | 1.22 (0.67 to 2.23) | 0.99 (0.43 to 2.33) |
| 10-14                         | 0.80 (0.29 to 2.18)          | 0.99 (0.53 to 1.87) | 0.83 (0.43 to 1.62) | 0.60 (0.13 to 2.70) |
| ≥15                           | 0.44 (0.06 to 3.14)          | 1.18 (0.70 to 1.99) | 0.78 (0.43 to 1.42) | —                   |

# Risk of ovarian cancer in women treated with ovarian stimulating drugs for infertility (Review)

Rizzuto I, Behrens RF, Smith LA

We included 11 case-control studies and 14 cohort studies, which included a total of 182,972 women.

Seven cohort studies showed no evidence of an increased risk of invasive ovarian cancer in subfertile women treated with any drug compared with untreated subfertile women. Seven case-control studies showed no evidence of an increased risk, compared with control women of a similar age. Two cohort studies reported an increased incidence of invasive ovarian cancer in subfertile women treated with any fertility drug compared with the general population. One of these reported a SIR of 5.0 (95% confidence interval (CI) 1.0 to 15), based on three cancer cases, and a decreased risk when cancer cases diagnosed within one year of treatment were excluded from the analysis (SIR 1.67, 95% CI 0.02 to 9.27). The other cohort study reported an OR of 2.09 (95% CI 1.39 to 3.12), based on 26 cases.

For borderline ovarian tumours, exposure to any fertility drug was associated with a two to three-fold increased risk in two case-control studies. One case-control study reported an OR of 28 (95% CI 1.5 to 516), which was based on only four cases. In one cohort study, there was more than a two-fold increase in the incidence of borderline tumours compared with the general population (SIR 2.6, 95% CI 1.4 to 4.6) and in another the risk of a borderline ovarian tumour was HR 4.23 (95% CI 1.25 to 14.33) for subfertile women treated with in vitro fertilisation (IVF) compared with a non-IVF treated group with more than one year of follow-up.

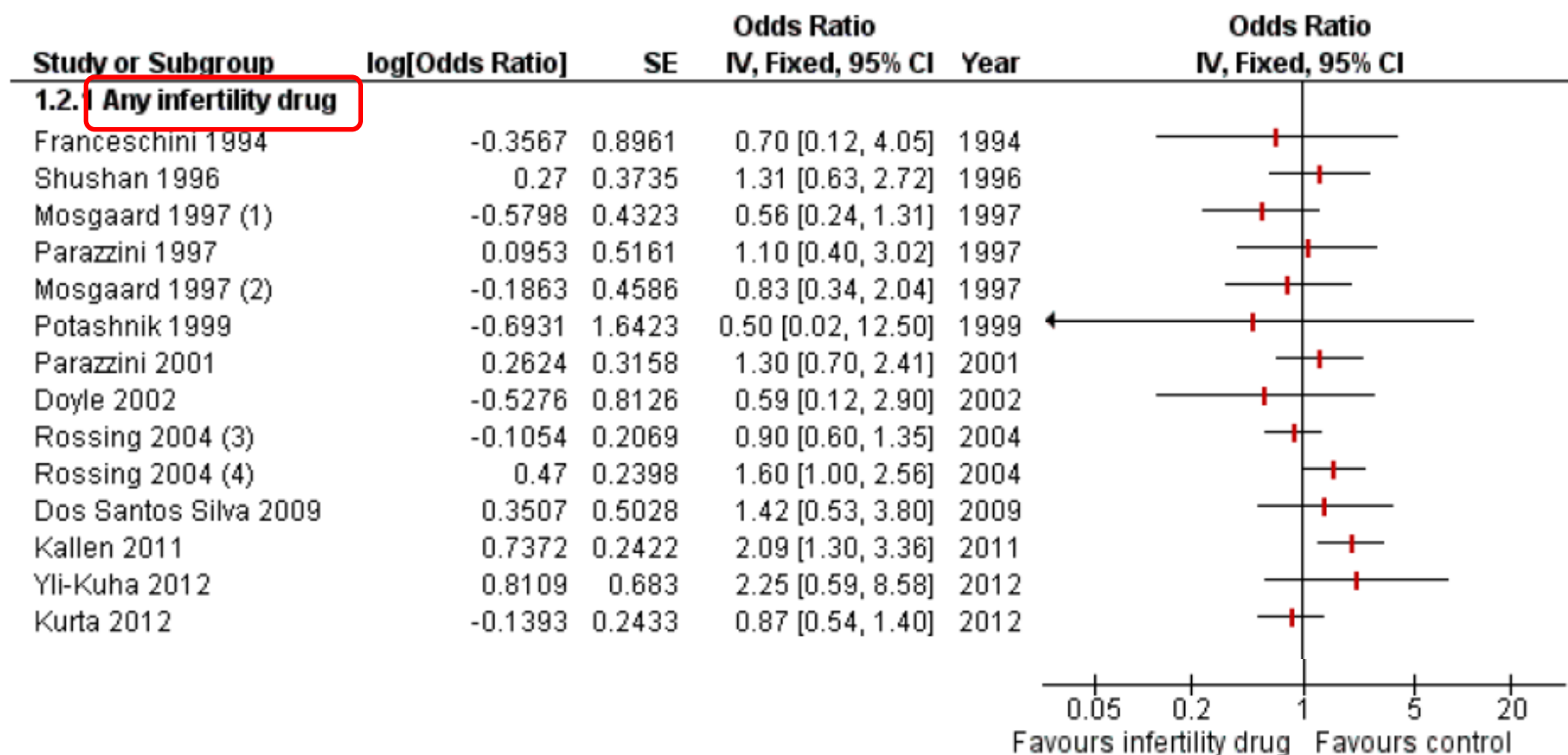
There was no evidence of an increased risk in women exposed to clomiphene alone or clomiphene plus gonadotrophin, compared with unexposed women. One case-control study reported an increased risk in users of human menopausal gonadotrophin (HMG) (OR 9.4, 95% CI 1.7 to 52). However, this estimate is based on only six cases with a history of HMG use.

## Authors' conclusions

We found no convincing evidence of an increase in the risk of invasive ovarian tumours with fertility drug treatment. There may be an increased risk of borderline ovarian tumours in subfertile women treated with IVF. Studies showing an increase in the risk of ovarian cancer had a high overall risk of bias, due to retrospective study design, lack of accounting for potential confounding and estimates based on a small number of cases. More studies at low risk of bias are needed.

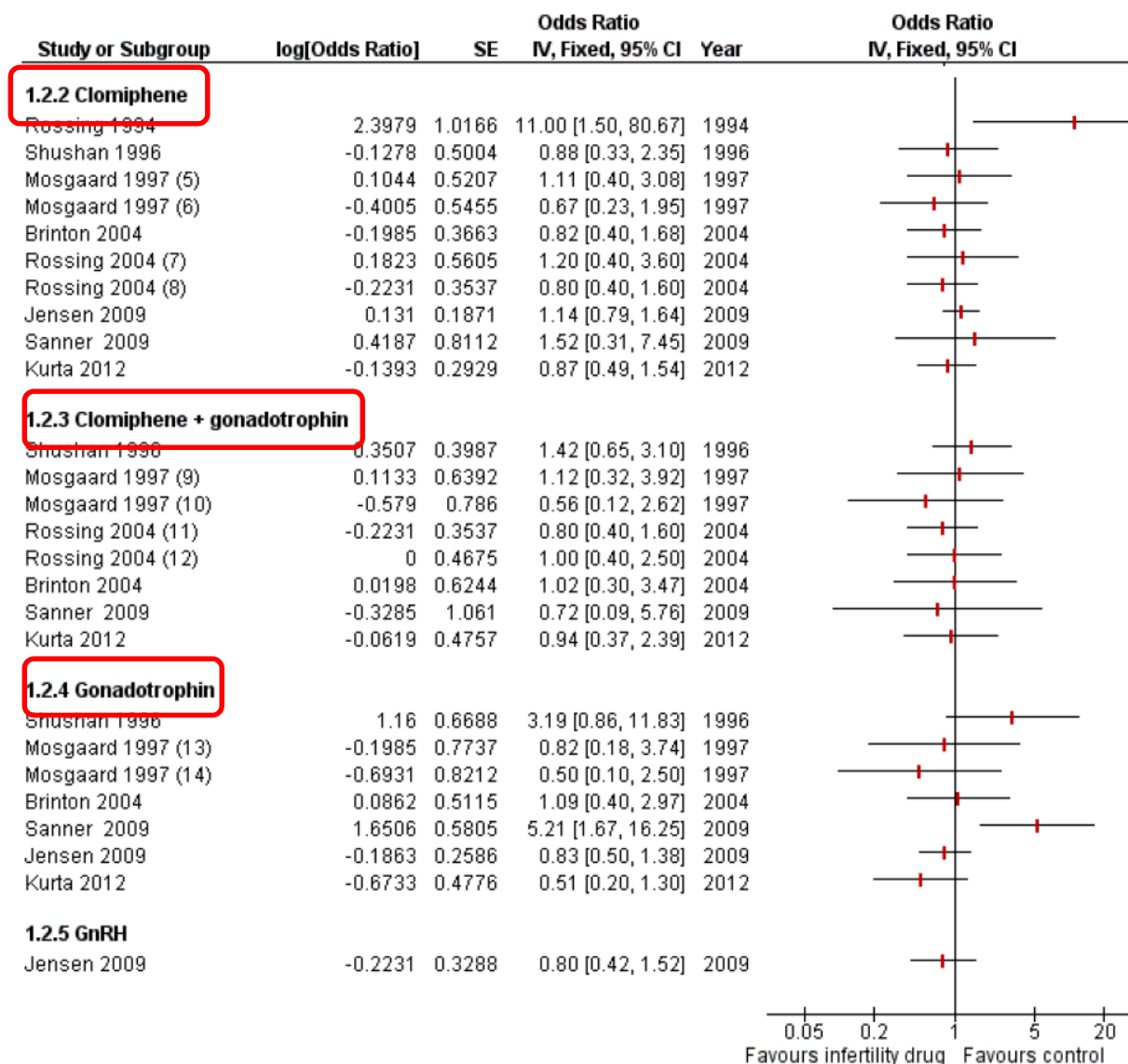
## Forest plot of comparison: Infertility drugs versus no infertility drug

### Outcome: Invasive ovarian cancer



## Forest plot of comparison: Infertility drugs versus no infertility drug

### Outcome: Invasive ovarian cancer





10-15% of epithelial ovarian neoplasms

In contrast to invasive ovarian cancer, borderline ovarian tumors are indolent in their disposition, are more likely to be diagnosed in women of reproductive age, and have a favorable prognosis with more than 95% of women surviving 5 years beyond diagnosis.



While there is very little support for an association between fertility drug use and invasive ovarian cancer, several studies have shown **a link between fertility drugs and borderline ovarian tumors**



In vitro fertilization is associated with an increased risk of borderline ovarian tumours

Louise M. Stewart <sup>a,\*</sup>, C D'Arcy J. Holman <sup>a</sup>, Judith C. Finn <sup>b,c</sup>, David B. Preen <sup>a</sup>, Roger Hart <sup>d,e</sup>

Population cohort study.

21639 women infertility treatment or investigation

All hospitals in Western Australia

Age 20-44 years

|                                        | All women in the cohort | Women not undergoing IVF | Women undergoing IVF |
|----------------------------------------|-------------------------|--------------------------|----------------------|
|                                        | 21,639                  | 14,095                   | 7544                 |
| diagnosis of borderline ovarian tumour | 31                      | 14                       | 17                   |

The rate of borderline ovarian tumors in women undergoing IVF was higher with an HR of 2.46 (95% CI 1.20–5.04), which translates into 11 additional cases of borderline tumors per 10,000 women.

Potential borderline ovarian tumour risk and protective factors.

| Exposure                                | Number in exposed group | Crude (unadjusted) HR (95% CI) <sup>a</sup> | Adjusted HR (95% CI) <sup>b</sup> |
|-----------------------------------------|-------------------------|---------------------------------------------|-----------------------------------|
| IVF                                     | 7544                    | 2.48<br>(1.22–5.04)                         | 2.46<br>(1.20–5.04)               |
| Birth <sup>c</sup>                      | 14,902                  | 0.70<br>(0.34–1.43)                         | 0.89<br>(0.43–1.88)               |
| Age at first birth                      |                         |                                             |                                   |
| No birth recorded                       | 6737                    | 1.00                                        | 1.00                              |
| Age < 30 at first birth                 | 7047                    | 0.41<br>(0.15–1.13)                         | 0.62<br>(0.20–1.87)               |
| Age ≥ 30 at first birth                 | 7855                    | 1.01<br>(0.46–2.21)                         | 1.05<br>(0.48–2.34)               |
| High socio-economic status <sup>d</sup> | 5268                    | 0.46<br>(0.16–1.30)                         | 0.36<br>(0.12–1.03)               |



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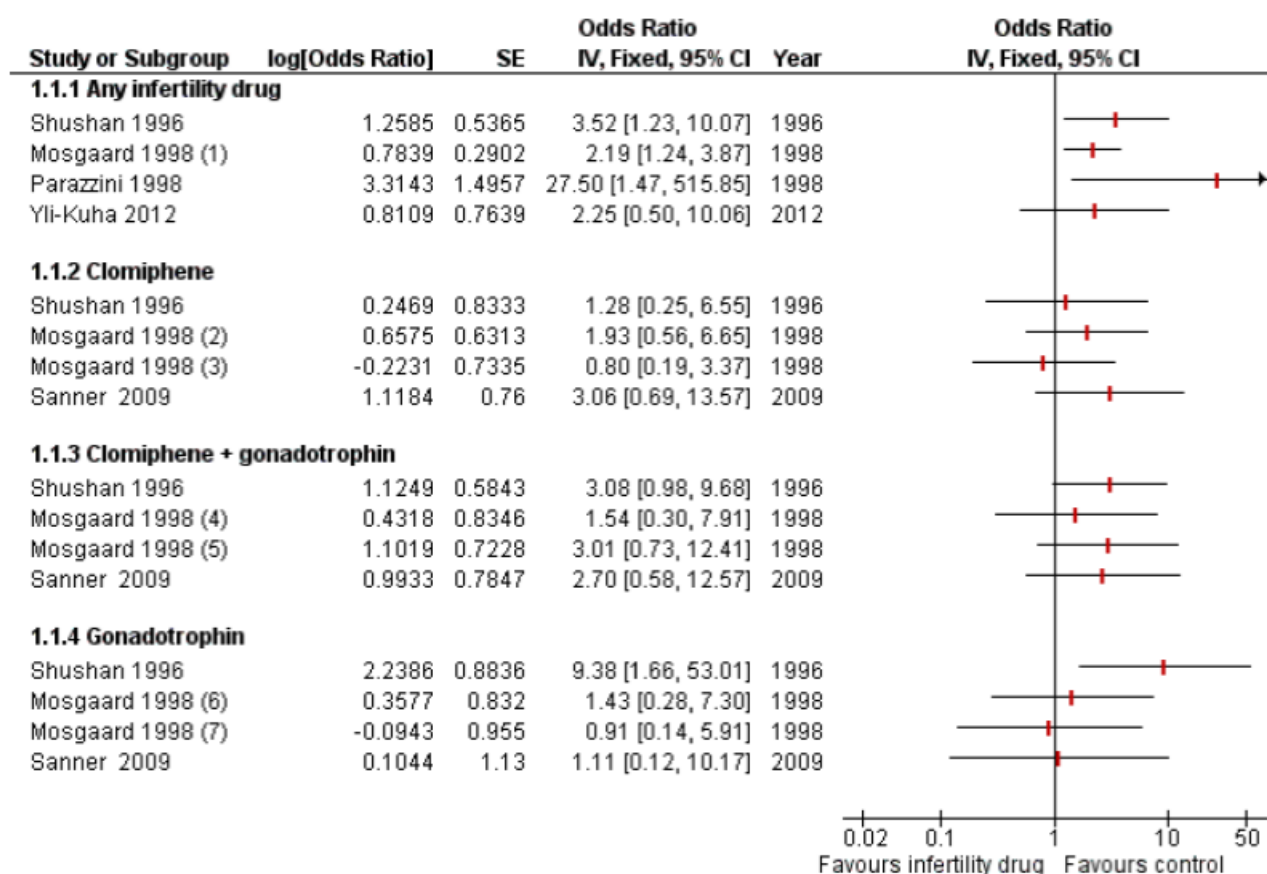
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There was no evidence of an increased risk in women exposed to clomiphene alone or clomiphene plus gonadotrophin, compared with unexposed women. One case-control study reported an increased risk in users of human menopausal gonadotrophin (HMG) (OR 9.4, 95% CI 1.7 to 52). However, this estimate is based on only six cases with a history of HMG use.

## Authors' conclusions

We found no convincing evidence of an increase in the risk of invasive ovarian tumours with fertility drug treatment. There may be an increased risk of borderline ovarian tumours in subfertile women treated with IVF. Studies showing an increase in the risk of ovarian cancer had a high overall risk of bias, due to retrospective study design, lack of accounting for potential confounding and estimates based on a small number of cases. More studies at low risk of bias are needed.

## Forest plot of comparison: Infertility drugs versus no infertility drug Outcome: borderline ovarian cancer



## Fertility drugs and cancer: a guideline

Practice Committee of the American Society for Reproductive Medicine  
American Society for Reproductive Medicine, Birmingham, Alabama



### Summary statements:

Grade B

Based on the available data, we can be reasonably reassured **that there is no meaningful increased risk of invasive ovarian cancer** following the use of fertility drugs in infertile women.

Grade B

Based on the available data there is fair evidence that the risk of invasive ovarian cancer is not different with one fertility drug compared with another.

Grade C

While several studies have shown a **small increase in the absolute risk of borderline ovarian tumors after fertility treatments**, there is insufficient consistent evidence that a particular fertility drug increases the risk of borderline ovarian tumors.

Grade C

There is insufficient evidence to recommend against the use of fertility medications to avoid borderline ovarian tumors.

One unifying theory for breast cancer development suggests that exposure to endogenous estrogen (earlier menarche, later menopause) increases risk.

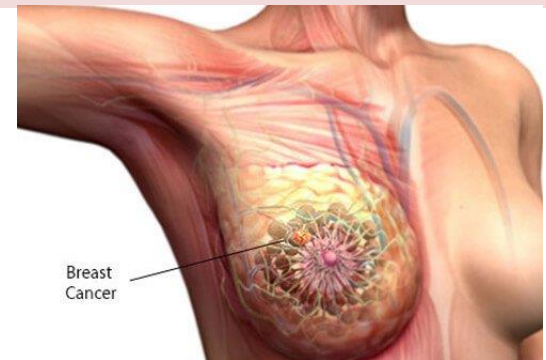
(Yager JD et al., NEJM 2006)

The data regarding the association of progesterone exposure and breast cancer are contradictory. While progesterone is protective to the endometrium, it appears to be mitogenic to the breast. However, parity, a state of high progesterone levels, is associated with a lower risk of breast cancer.

(Bernstein et al., Cancer Epidemiol Biomarkers Prev 1995)

Fertility drugs

higher estrogen and progesterone  
Therefore has been postulated to be associated with an increase in breast cancer, especially with prolonged use.



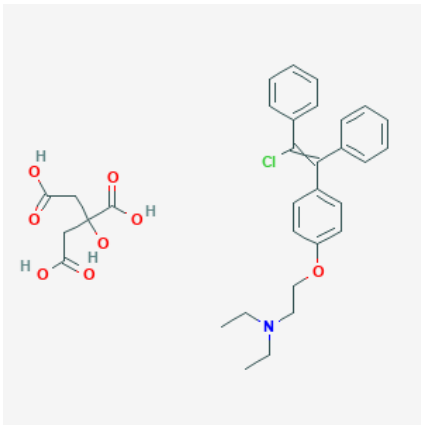
## CLOMIPHENE CITRATE

Clomiphene citrate is structurally and functionally similar to tamoxifen, and when administered continuously, tamoxifen lowers the risk of breast cancer.

(Levine M et al., CMAJ 2001)

Clomiphene citrate causes apoptosis in breast cancer cell lines in vitro.

(Lavie et al., Int J Cancer 1998)



## Are infertility treatments a potential risk factor for cancer development? Perspective of 30 years of follow-up

Lerner-Geva Liat<sup>1,3</sup>, Rabinovici Jaron<sup>2,3</sup>, Olmer Liraz<sup>1</sup>, Blumstein Tzvia<sup>1</sup>, Mashiach Shlomo<sup>2,3</sup> & Lunenfeld Bruno<sup>4</sup>

Retrospective cohort study.

2.431 women treated for infertility

Follow up for more than 20 years

No excess risk following exposure to ovulation induction was observed in both univariate and multivariate analyses.

Breast cancer incidence according to diagnosis of infertility, presence of estrogen and progesterone and treatment with ovulation induction.

|                                       | N    | Observed | Expected | SIR  | 95% CI    |
|---------------------------------------|------|----------|----------|------|-----------|
| Diagnosis of infertility              |      |          |          |      |           |
| Hormonal                              | 1340 | 70       | 72.8     | 0.96 | 0.75–1.22 |
| Nonhormonal                           | 1061 | 83       | 59.1     | 1.4  | 1.12–1.74 |
| Presence of estrogen and progesterone |      |          |          |      |           |
| Estrogen+progesterone–                | 935  | 54       | 48.4     | 1.11 | 0.84–1.45 |
| Estrogen+progesterone+                | 671  | 47       | 37.4     | 1.26 | 0.92–1.67 |
| Estrogen–progesterone–                | 129  | 3        | 7.92     | 0.38 | 0.08–1.11 |
| Treatment with ovulation induction    |      |          |          |      |           |
| CC+hMG                                | 238  | 12       | 12.9     | 0.93 | 0.48–1.63 |
| CC                                    | 884  | 54       | 44.7     | 1.21 | 0.91–1.58 |
| hMG                                   | 159  | 4        | 9.9      | 0.4  | 0.11–1.6  |
| No treatment                          | 1150 | 83       | 64.4     | 1.29 | 1.03–1.6  |

CC, clomiphene citrate; hMG, human menopausal gonadotrophin; SIR, standardized incidence ratios.



## Infertility drugs and the risk of breast cancer: findings from the National Institute of Child Health and Human Development Women's Contraceptive and Reproductive Experiences Study

Ronald T. Burkman, M.D.,<sup>a</sup> Mei-Tzu C. Tang, Ph.D.,<sup>b</sup> Kathleen E. Malone, Ph.D.,<sup>b</sup>  
Polly A. Marchbanks, Ph.D.,<sup>c</sup> Jill A. McDonald, Ph.D.,<sup>c</sup> and Suzanne G. Folger, Ph.D.<sup>c</sup>

Multicenter case-control study.

4,575 patients with primary invasive breast cancer

Aged 35-64 years

Risk of breast cancer and use of fertility medications.

| Characteristics                     | All women                   |                                |                             | Women diagnosed with infertility |                              |                             |
|-------------------------------------|-----------------------------|--------------------------------|-----------------------------|----------------------------------|------------------------------|-----------------------------|
|                                     | Cases (n = 4,566),<br>N (%) | Controls (n = 4,676),<br>N (%) | OR <sup>a</sup><br>(95% CI) | Cases (n = 227),<br>N (%)        | Controls (n = 266),<br>N (%) | OR <sup>a</sup><br>(95% CI) |
| Fertility drug use                  |                             |                                |                             |                                  |                              |                             |
| Never                               | 4,382 (96.0)                | 4,476 (95.7)                   | 1.0                         | 121 (53.3)                       | 145 (54.5)                   | 1.0                         |
| Ever                                | 184 (4.0)                   | 200 (4.3)                      | 0.9 (0.8–1.2)               | 106 (46.7)                       | 121 (45.5)                   | 1.2 (0.8–1.7)               |
| Duration of use                     |                             |                                |                             |                                  |                              |                             |
| <6 mo                               | 74 (1.6)                    | 77 (1.7)                       | 1.0 (0.7–1.4)               | 31 (13.7)                        | 34 (12.8)                    | 1.2 (0.7–2.2)               |
| ≥6 mo                               | 110 (2.4)                   | 121 (2.6)                      | 0.9 (0.7–1.2)               | 75 (33.0)                        | 86 (32.5)                    | 1.2 (0.8–1.8)               |
| Type of fertility drug <sup>b</sup> |                             |                                |                             |                                  |                              |                             |
| hCG                                 | 23 (0.5)                    | 21 (0.5)                       | 1.2 (0.6–2.1)               | 15 (6.6)                         | 16 (6.0)                     | 1.5 (0.7–3.4)               |
| Duration of use (mo)                |                             |                                |                             |                                  |                              |                             |
| <6                                  | 11 (0.3)                    | 11 (0.2)                       | 1.1 (0.5–2.5)               | 7 (3.1)                          | 9 (3.4)                      | 1.8 (0.6–5.4)               |
| ≥6                                  | 11 (0.3)                    | 9 (0.2)                        | 1.3 (0.5–3.0)               | 8 (3.6)                          | 6 (2.3)                      | 2.2 (0.7–7.0)               |
| Cycles of use (n)                   |                             |                                |                             |                                  |                              |                             |
| <6                                  | 13 (0.3)                    | 15 (0.3)                       | 0.9 (0.4–1.9)               | 9 (4.0)                          | 11 (4.1)                     | 1.8 (0.7–4.8)               |
| ≥6                                  | 9 (0.2)                     | 6 (0.1)                        | 1.5 (0.5–4.3)               | 6 (2.6)                          | 5 (1.9)                      | 2.0 (0.5–7.3)               |
| Clomiphene citrate                  | 141 (3.1)                   | 145 (3.1)                      | 1.0 (0.8–1.3)               | 85 (37.4)                        | 91 (34.2)                    | 1.4 (0.9–2.1)               |
| Duration of use (mo)                |                             |                                |                             |                                  |                              |                             |
| <6                                  | 58 (1.3)                    | 56 (1.2)                       | 1.1 (0.7–1.5)               | 29 (12.8)                        | 27 (10.2)                    | 1.7 (0.9–3.2)               |
| ≥6                                  | 83 (1.8)                    | 87 (1.9)                       | 1.0 (0.7–1.3)               | 56 (24.7)                        | 63 (23.7)                    | 1.3 (0.8–2.2)               |
| Cycles of use (n)                   |                             |                                |                             |                                  |                              |                             |
| <6                                  | 69 (1.5)                    | 67 (1.4)                       | 1.1 (0.8–1.5)               | 37 (16.3)                        | 36 (13.5)                    | 1.7 (0.9–3.0)               |
| ≥6                                  | 69 (1.5)                    | 75 (1.6)                       | 1.0 (0.7–1.3)               | 45 (19.8)                        | 53 (19.9)                    | 1.2 (0.7–2.0)               |
| hMG                                 | 38 (0.8)                    | 28 (0.6)                       | 1.5 (0.9–2.4)               | 25 (11.0)                        | 24 (9.0)                     | 1.7 (0.9–3.3)               |
| Duration of use (mo)                |                             |                                |                             |                                  |                              |                             |
| <6                                  | 16 (0.4)                    | 17 (0.4)                       | 1.0 (0.5–2.0)               | 8 (3.5)                          | 14 (5.3)                     | 1.2 (0.5–3.3)               |
| ≥6                                  | 22 (0.5)                    | 11 (0.2)                       | 2.1 (1.0–4.4) <sup>b</sup>  | 17 (7.5)                         | 10 (3.8)                     | 2.8 (1.1–6.8) <sup>b</sup>  |
| Cycles of use (n)                   |                             |                                |                             |                                  |                              |                             |
| <6                                  | 22 (0.5)                    | 19 (0.4)                       | 1.2 (0.7–2.3)               | 13 (5.7)                         | 15 (5.6)                     | 1.7 (0.7–4.1)               |
| ≥6                                  | 15 (0.3)                    | 6 (0.1)                        | 2.7 (1.0–6.9) <sup>b</sup>  | 11 (4.8)                         | 6 (2.3)                      | 3.8 (1.2–11.8) <sup>b</sup> |
| Other fertility drug <sup>c</sup>   | 18 (0.4)                    | 25 (0.5)                       | 0.8 (0.4–1.4)               | 16 (7.1)                         | 17 (6.4)                     | 1.5 (0.7–3.3)               |
| Duration of use (mo)                |                             |                                |                             |                                  |                              |                             |
| <6                                  | 7 (0.2)                     | 15 (0.3)                       | 0.5 (0.2–1.2)               | 6 (2.6)                          | 9 (3.4)                      | 1.5 (0.5–4.7)               |
| ≥6                                  | 11 (0.2)                    | 9 (0.2)                        | 1.3 (0.5–3.1)               | 10 (4.4)                         | 7 (2.6)                      | 2.4 (0.8–7.0)               |
| Cycles of use (n)                   |                             |                                |                             |                                  |                              |                             |
| <6                                  | 10 (0.2)                    | 18 (0.4)                       | 0.6 (0.3–1.3)               | 9 (0.4)                          | 12 (4.5)                     | 1.5 (0.6–4.1)               |
| ≥6                                  | 7 (0.2)                     | 7 (0.2)                        | 1.1 (0.4–3.0)               | 6 (2.6)                          | 5 (1.9)                      | 2.0 (0.5–7.2)               |

Although this study found no association of risk related to use of clomiphene, there was some indication of a risk elevation among women with long-term use of menopausal gonadotrophins.

Use for at least 6 or more months or at least six cycles was associated with RR ranging from 2.7–3.8.

## IVF and breast cancer: a systematic review and meta-analysis

Theodoros N. Sergentanis<sup>1</sup>, Andreas-Antonios Diamantaras<sup>1</sup>,  
Christina Perlepe<sup>1</sup>, Prodromos Kanavidis<sup>1</sup>, Alkistis Skalkidou<sup>2</sup>  
and Eleni Th. Petridou<sup>1,\*</sup>

Based on available data, we can be reasonably reassured that there is no meaningful increased risk of invasive ovarian cancer following the use of fertility drugs in infertile women. (Grade B)

**Table II** Results of the meta-analysis examining the association between IVF and breast cancer.

|                                                                                                 | <i>n</i> <sup>a</sup> | Effect estimate (95% CI)      | <i>P</i> | Heterogeneity <i>I</i> <sup>2</sup> , <i>P</i> <sup>*</sup> |
|-------------------------------------------------------------------------------------------------|-----------------------|-------------------------------|----------|-------------------------------------------------------------|
| Approach preferring <sup>b</sup> estimates which excluded the first year of follow-up after IVF |                       |                               |          |                                                             |
| Analysis versus general population                                                              | 6                     | 0.91 (0.74–1.11) <sup>R</sup> | 0.341    | 51.0%, 0.070                                                |
| Subanalysis on SIRs                                                                             | 4                     | 0.99 (0.73–1.34) <sup>R</sup> | 0.935    | 53.1%, 0.094                                                |
| Subanalysis on ORs                                                                              | 2                     | <b>0.78 (0.65–0.94)</b>       | 0.009    | 0.0%, 0.600                                                 |
| Analysis versus infertile women                                                                 | 3                     | 1.02 (0.88–1.18)              | 0.800    | 0.0%, 0.427                                                 |
| Subanalysis on HRs                                                                              | 2                     | 1.00 (0.85–1.18)              | 0.967    | 33.1%, 0.221                                                |
| Subanalysis on IRRs                                                                             | 1                     | 1.10 (0.77–1.56)              | 0.605    | NC                                                          |
| Approach preferring <sup>b</sup> estimates derived from the total follow-up                     |                       |                               |          |                                                             |
| Analysis versus general population                                                              | 6                     | 0.92 (0.75–1.13) <sup>R</sup> | 0.450    | 51.3%, 0.068                                                |
| Subanalysis on SIRs                                                                             | 4                     | 1.00 (0.84–1.18)              | 0.972    | 52.0%, 0.100                                                |
| Subanalysis on ORs                                                                              | 2                     | <b>0.79 (0.66–0.95)</b>       | 0.014    | 0.0%, 0.387                                                 |
| Analysis versus infertile women                                                                 | 3                     | 1.02 (0.88–1.18)              | 0.784    | 0.0%, 0.435                                                 |
| Subanalysis on HRs                                                                              | 2                     | 1.01 (0.86–1.18)              | 0.950    | 31.8%, 0.226                                                |
| Subanalysis on IRRs                                                                             | 1                     | 1.10 (0.77–1.56)              | 0.605    | NC                                                          |

## Fertility drugs and endometrial cancer risk: results from an extended follow-up of a large infertility cohort

Louise A. Brinton<sup>1,\*</sup>, Carolyn L. Westhoff<sup>2</sup>, Bert Scoccia<sup>3</sup>,  
Emmet J. Lamb<sup>4</sup>, Britton Trabert<sup>1</sup>, Shelley Niwa<sup>5</sup>,  
and Kamran S. Moghissi<sup>6</sup>

Retrospective cohort study.

12,193 women evaluated for infertility

Follow up for an average of 26 years

|                                              | Endometrial cancer<br>(n = 118) | Non-cases<br>(n = 9714) | HR <sup>a</sup> | 95% CI    |
|----------------------------------------------|---------------------------------|-------------------------|-----------------|-----------|
| Never use of clomiphene                      | 66                              | 6010                    | 1.00            | Referent  |
| Ever use                                     | 52                              | 3704                    | 1.39            | 0.96–2.01 |
| Never use of gonadotrophins                  | 104                             | 8774                    | 1.00            | Referent  |
| Ever use                                     | 14                              | 940                     | 1.34            | 0.76–2.37 |
| Combination of clomiphene and gonadotrophins |                                 |                         |                 |           |
| Neither                                      | 66                              | 5833                    | 1.00            | Referent  |
| Clomiphene only                              | 38                              | 2941                    | 1.24            | 0.83–1.86 |
| Gonadotrophins only                          | 0                               | 177                     | NCS             | NCS       |
| Both                                         | 14                              | 763                     | 1.77            | 0.98–3.19 |

## Are infertility treatments a potential risk factor for cancer development? Perspective of 30 years of follow-up

Lerner-Geva Liat<sup>1,3</sup>, Rabinovici Jaron<sup>2,3</sup>, Olmer Liraz<sup>1</sup>, Blumstein Tzvia<sup>1</sup>, Mashiach Shlomo<sup>2,3</sup> & Lunenfeld Bruno<sup>4</sup>

Retrospective cohort study.

2.431 women treated for infertility

Follow up for more than 20 years

The incidence of endometrial cancer following treatment with either CC or human menopausal gonadotropin (hMG) was not increased compared with the general population, while treatment with CC and hMG was associated with an increased risk

Endometrial cancer incidence according to diagnosis of infertility, presence of estrogen and progesterone and treatment with ovulation induction.

|                                       | N    | Observed | Expected | SIR  | 95% CI    |
|---------------------------------------|------|----------|----------|------|-----------|
| Diagnosis of infertility              |      |          |          |      |           |
| Hormonal                              | 1340 | 19       | 9.38     | 2.02 | 1.22–3.16 |
| Nonhormonal                           | 1061 | 11       | 8.37     | 1.31 | 0.66–2.35 |
| Presence of estrogen and progesterone |      |          |          |      |           |
| Estrogen+progesterone–                | 935  | 13       | 6.11     | 2.13 | 1.13–3.64 |
| Estrogen+progesterone+                | 671  | 8        | 5.31     | 1.51 | 0.65–2.97 |
| Estrogen–progesterone–                | 129  | 1        | 1.11     | 0.9  | 0.01–5.01 |
| Treatment with ovulation induction    |      |          |          |      |           |
| CC+hMG                                | 238  | 8        | 1.6      | 5.0  | 2.15–9.85 |
| CC                                    | 884  | 6        | 5.62     | 1.07 | 0.39–2.33 |
| hMG                                   | 159  | 3        | 1.39     | 2.16 | 0.43–6.32 |
| No treatment                          | 1150 | 13       | 9.15     | 1.42 | 0.76–2.43 |

CC, clomiphene citrate; hMG, human menopausal gonadotrophin; SIR, standardized incidence ratios.

## Fertility drugs and cancer: a guideline

Practice Committee of the American Society for Reproductive Medicine  
American Society for Reproductive Medicine, Birmingham, Alabama



### Summary statements:

Grade B

There is fair evidence that fertility drugs are not associated with an increased risk of breast cancer.

Grade B

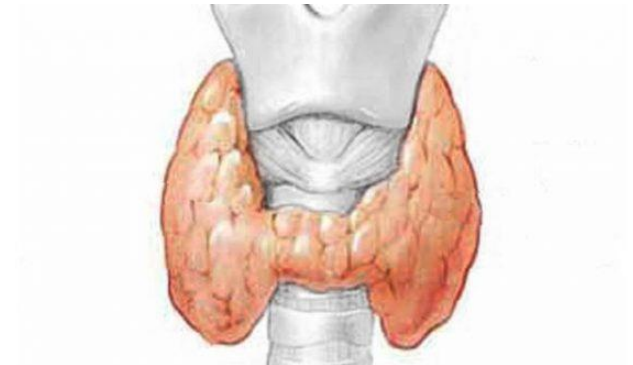
Overall, there is fair evidence that fertility drugs are not associated with an increased risk of endometrial cancer.

## THYROID CANCER

Six studies → conflicting results:

Two largest studies: non significant increase in the incidence of thyroid cancer :

- Use of Clomiphene citrate: RR 1.42 (95% CI 0.5– 3.7) ( which did not vary with dose or duration of therapy)
- Use of gonadotropins: no effect (RR 1.1, 95% CI 0.2–4.9)  
(Althuis MD, et al. . Am J Obstet Gynecol 2005)
- Use of CC: HR 1.57 (95% CI 0.89–2.75) based on 55 patients  
(Brinton LA et al., Fertil Steril 2015).





## Fertility drugs and cancer: a guideline

Practice Committee of the American Society for Reproductive Medicine  
American Society for Reproductive Medicine, Birmingham, Alabama



### Summary statements:

Grade B

Overall, there is fair evidence that fertility drugs are not associated with an increased risk of invasive thyroid cancer.

Grade C

Overall, there is insufficient evidence that fertility drugs are associated with an increased risk of melanoma.

Grade B

Overall, there is fair evidence that fertility drugs are not associated with an increased risk of colon cancer.

Grade C

Based on a single study, there is insufficient evidence that fertility drugs are associated with an increased risk of lymphoma.

Grade B

Overall, there is fair evidence that fertility drugs are not associated with an increased risk of cervical cancer.

- The data assessing the association between fertility drugs and cancer are limited and principally come from observational studies (Level 2-2 or lower).
- There is fair evidence that women with infertility have an increased risk of breast, ovarian, and endometrial cancer. (Grade B)
- However, use of fertility drugs does not appear to increase this risk.





9.baby: il primo network italiano dedicato alla fertilità



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# 15 CENTRI IN TUTTA ITALIA



Fanno parte della rete 9.baby una serie di Studi Medici Affiliati presenti a:  
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